

MENTAL HEALTH TOOLS

EVERY PARENT NEEDS TO KEEP KIDS HAPPY, HEALTHY & SUCCESSFUL



Keynote | Rob Egger

Informational Breakout Sessions

- Anxiety
- Depression
- Grief
- Sense of Belonging
- Suicide Prevention
- Parent/Teen Connection

Free Tickets/Free Dinner (CHILDCARE AVAILABLE)

www.notmykid.life

Food and Networking — 5pm
Program Begins — 6pm

WEDNESDAY
Nov 8
2023

SBC
Sonora

Sierra Bible Church
15171 Tuolumne Road, Sonora CA



SONORA AREA FOUNDATION
For good. For ever.